



## Communication Resources For Women

### Books

- [Supercommunicators: How to Unlock the Secret Language of Connection](#) by Charles Dunigg
- [Brag Better: Master the Art of Fearless Self-Promotion](#) by Meredith Fineman
- [Smart Brevity: The Power of Saying More with Less](#) by Jim VanderHei, Mike Allen, Roy Schwartz
- [Brag! The Art of Tooting Your Own Horn Without Blowing It](#) by Peggy Klaus
- [The Mirrored Door: Break Through the Hidden Barrier that Locks Successful Women in Place](#) by Ellen Taaffe (published October 2023)
- [Quick Confidence: Be Authentic, Boost Connections and Make Bold Bets on Yourself](#) by Selena Rezvani

### Videos

- Susan Colantuono's TEDx [The Career Advice You Probably Didn't Get](#)
- Amy Cuddy's [TED talk](#) about power poses
- Sylvia Ann Hewlett about executive presence in [Big Think](#)
- [One Simple Skill to Curb Unconscious Gender Bias](#) by the Behavioral Science Guys (Joseph Grenny and David Maxfield)

### Podcasts

- [Podcasts for and about women](#) (from Janine's LinkedIn newsletter)

### Articles

- [90% of people are biased against women](#): UN Report
- [Women in Leadership Face Ageism at Every Age](#) by Amy Diehl, Amber L. Stephenson and Leann M. Dzubinski in Harvard Business Review
- [Research: How Bias Against Women Persists in Female-Dominated Workplaces](#) by Amy Diehl, Amber L. Stephenson and Leann M. Dzubinski in Harvard Business Review
- [How to Brag Without the Backlash, According to New Research](#) by Kim Elsesser